

# CALIFORNIA VETERANS BOARD BIOGRAPHIES

# Vernon Chong, M.D., Major General (Ret), Chairman

#### Member since 2004

Prior to this appointment Dr. Chong served as special assistant to the network director of Veterans Integrated Service Network, based in San Francisco. Dr. Chong served 31 years in the United States Air Force, achieving the rank of Major General before his retirement. Dr. Chong earned a Bachelor of Arts degree at Stanford University and a Doctor of Medicine degree at the Stanford University School of Medicine.

## Randal Bressette, Vice-Chairman

#### Member since 2006

Mr. Bressette is a founding member of the Laguna Hills City Council, first elected in 1991, and serving as Mayor in 1996, 2001 and 2005. He served in the United States Naval Reserve as an aircrew member from 1972 to 1995, retiring with the rank of Chief Warrant Officer. Bressette received a Bachelor's degree in Business Administration at the University of Redlands and a Master's degree in Financial Planning from Southern States University. He is a partner in The Bressette Companies, a financial planning firm.

### Jake I. Alarid

#### Member since 2006

Mr. Alarid is retired as an engineering manager for Rockwell International in 1994 after 35 years of service, during which he worked on the Apollo and Space Shuttle programs. Mr. Alarid served in the United States Marine Corps from 1952 to 1956.

# Alice Astafan, Major General (Ret)

#### Member since 2006

She is currently the chief executive officer of the Federal Technology Center. Astafan served in the United States Air Force for over 30 years, retiring as a Major General. Astafan is a member of the National Advisory Committee for the Federal Laboratory

Consortium and serves on the board of directors for the Eskaton Corporation. Astafan earned a Master's degree in International Affairs and Early Childhood Education at Sacramento State University, a Bachelor of Science degree in Biology and Chemistry and a graduate in the National and International Security Program at the John F. Kennedy Senior Managers in Government Program.

#### Colin Shadell

Member since 2006

Mr. Shadell is a retired Vice President of Charles Ford Co., an independent department store chain. He served as a naval aviator in the United States Navy from 1943 to 1960 being honorably discharged with the rank of Lieutenant Commander. During his service to our country he was awarded the Distinguished Flying Cross, four Air Medals and the Naval Commendation Medal. Currently, Mr. Shadell is treasurer of the Allied Council of the Chula Vista Veterans Home.

#### Thomas J. Moran

Member since 2007

Mr. Moran is currently the owner/broker of Moran Realty, Lincoln, CA. He has been active in the real estate profession since 1977. He served as Executive Vice President for two real estate associations. He is a co-author of a real estate text book and taught real estate courses at community colleges in Santa Clara county for several years. He served 22 years in the U.S. Navy as an aviator and achieved the rank of Commander before his retirement. He served multiple tours in Vietnam. He holds a B.S. degree from the U.S. Navy Post-Graduate School and a M.S. from George Washington University.